

# YETI RACE 2019 TERMS

## ARTICLE 1 - ORGANIZATION

The Yéti Race Tour, hereafter named “ Yéti Race ” is organized by Alizeum.

## ARTICLE 2 - PRÉSENTATION

The Yéti Race is a multi-sport nature trek. It is an endurance, multi-sport mountain challenge offered as a unique option:

The Yéti Race :

- About 10 km
- About 500 m of ascending elevation
- 3 special challenge zones, timed or not.

From one year to another, the distance, ascent and number of challenges may vary (see our website for more precise information).

The challenges will be described in the road-book given to each team before the start.

They will also be presented in detail in the obligatory briefing before the race.

The absence of a team member during the briefing will result in disqualification.

The Yéti Race is a Trek to be completed in a team (2 or 4): team members need to stay within a 20 meters distance of each other during the race.

Should this distance not be respected, a team can temporarily be stopped by race supervisors, or disqualified if the race rules are found to be violated.

## ARTICLE 3 - RACE

The Yéti Race is an event in which several challenges in the heart of nature, in the mountain, are offered along quite selective, all terrain, snow-covered trails (long hike paths, trails and fields), with flat, mountainous and descending parts and “assault course” type and rifle shooting fun zones. The challenge has no speed restrictions and must be completed within a given time.

Technical data:

- Around **10 Kilomètres** with **500 meters** of ascending elevation
- 3 hours maximum
- Format « Lane » style

At any point, the organization of the Yéti Race reserves the right to alter the trail or schedule of the challenge as planned on the program. It also reserves the right to cancel a challenge for any reason that would put the race participants' lives at risk or for any instance of natural disaster (no refund will be granted).

#### ARTICLE 4 – REGISTRATION

The challenge is open to all trained and untrained runners, aged 16 or over on the day of the race.

Registrations for the limited number of spaces available via the website: [www.yetirace.fr](http://www.yetirace.fr)

The participation price per person changes regularly based on the date of registration. See the page of the race for details about prices.

The final date of registration will be on November 27<sup>th</sup>, 2019.

The organization reserves the right to definitely close the registrations before this date if the quotas have been reached.

Registrations cannot be made by mail or telephone. On-site registrations will be possible within the limit of spaces available.

All documents will be considered incomplete prior to receiving the race numbers if they do not include the following items:

- Invoiced registration fees (payment via bank card or cheque addressed to Alizeum - if on-site registration is made)
- A medical certificate, its copy or photocopy allowing the practice of running, with the obligatory mention of it being “competitive” dating less than one year must be provided.
- For minors, signed parental consent is obligatory.

**WARNING:** your registration will only be confirmed once all of the necessary documentation is provided (registration notice, registration fee payment, medical certificate) and this no later than the day of the race; until these are submitted, your registration will be considered as “pending”. If these are not provided by the given date or if the registration quotas are reached, your pre-registration will be cancelled.

## **ARTICLE 5 - COMMITMENT**

All commitments are personal, determined and definitive and cannot be refunded for any reason. Registrations cannot be exchanged for any reason. Any person that reassigns their race number to a third party will be held responsible should an accident occur or be provoked by the latter during the race. Should an accident occur, the organisation denies all responsibilities for this kind of situation. The race number must be fully legible, worn and placed across the chest during the race.

## **ARTICLE 6 – BIBS COLLECTION**

Bibs are to be collected, on demonstration of a collection ticket or ID, in the Village of the Yéti Race (time and precise location to be confirmed on our web site).

No race number or electronic chip will be sent by post.

During the challenges, the race numbers must be placed on the front of the participants, fully visible without the partner logos being covered and for the entire duration of the race, under penalty of disqualification.

## **ARTICLE 7 – TIMING**

You can choose to time your race or not.

There will be two starts for the timed races.

However, since the trail does not give an official ranking by the Federations (Fédération des Raids Multisports, Fédération Française d'Athlétisme, Fédération Française de Triathlon), the timing is proposed as an indicative measure of your performance, and it won't be possible to fill in a claim.

Warning, each timed race is limited to 100 people, clearly identified by their bib's color. For every participant registered in these timed races, every challenge must be cleared, otherwise penalties of time will be applied. The crossing will be validated by the organizing team and the staff on site.

## **ARTICLE 8 – RANKING AND PRIZES**

A prize ceremony will take place at the end of the race. It will concern only the podiums (duo, quattro, best feminine team in duo and in quattro, best mixt team in duo and in quattro)

## **ARTICLE 9 – START AND ARRIVAL**

All teams must be present 30 minutes before the start for the briefing and any last-minute advice.

Starting times are available on our website and Facebook page.

Participants must respect the starting time they chose when they registered. The organization will not allow anyone to change times.

Participants will have access to showers and toilets.

Participants can place their personal belongings in a **cloakroom** in the race Village.

## **ARTICLE 10 – SPECIAL CHALLENGES**

All of the participating pairs will have to tackle special challenges throughout the course.

For all of them, the rule "first come, first served" applies, no matter what the time difference between the teams may be.

In case of dispute, organization members can decide the running order. Failure to respect this advice will result in a disqualification of the team concerned.

## **ARTICLE 11 – OBLIGATORY EQUIPMENT**

The participant commits to carry all of the obligatory equipment and to present it to the organizer at any time. Organizers will not be making checks before the race.

Obligatory, but unchecked, list of equipment:

The race is partly based on self-sufficiency. In this respect, participants must carry:

- A food supply of a sufficient quantity (cereal bars, gels, dried fruit...).
- A minimum of 0.5 litres of drink in a container of their choice (canteen, water pouch...).
- An adult-sized survival blanket
- A wind-proof and/or waterproof jacket, allowing them to withstand bad mountain weather
- A whistle
- A change of socks
- A working mobile phone

In case of more delicate weather situations (wind, cold...), we strongly advise that you plan some extra gear: a buff or hat, long tights, gloves, fleece...

We warn against choosing things "by weight", in order to not forget any of the basic safety elements that need to be respected when practising sport in a natural mountainous area. Conditions can be testing, can suddenly change and with fatigue, runners can suffer from these challenges.

## ARTICLE 12 – QUITTING OR DISQUALIFICATION FROM THE RACE

A team is regarded as having quit if one or several of the team members leave the race. Any person quitting must report it at the nearest check point.

The team must be together for the entire race. Any change of teammate, even if only temporary, will lead to disqualification. The team will not be ranked.

Reasons for disqualification:

- Forgotten whistle
- Forgotten working mobile phone
- Deliberate disposal of waste outside a bin
- Disrespect to the trail and marked paths
- Disrespect to the volunteers
- Disrespect to the race advice (danger zones, maximum distance between team members)
- Giving a race number to another runner without having notified the organization

Supervisors will be in place to take note of such irregularities and will be advised to disqualify all runners not respecting these essential regulations. In addition to the essential security requirements, they also guarantee the ethical aspect and spirit of the race through nature.

Other violations of race regulations or common sense will be liable to result in penalties that will be decided upon by the race management.

## ARTICLE 13 – SECURITY AND MEDICAL ASSISTANCE

Aid stations (doctors, ambulances, paramedics) will be set up at various points of the trail. These stations will communicate via radio-link or telephone with the race command station.

The aid stations are intended to assist any person in danger using the organization's own resources or contractual providers (depending on the severity of the situation, public services may intervene).

Any race participant in a difficult situation or injured is responsible for calling for help:

- By going to an aid station
- By calling the race command station
- By asking another race participant to go and ask for help

If you are unable to reach the race control center or any supervisor, you can call emergency services directly and only in cases of life-threatening emergencies. (112 in France)

Each race participant is responsible for helping any person in danger and letting aid services know.

Any race participant that asks a doctor or paramedic for help submits to their authority and agrees to accept their decisions.

In particular, paramedics and official doctors are entitled to:

- Disqualify (by cancelling the race number) any participant unable to continue with the challenge.
- Evacuate any participant that they deem to be in danger by any means and however may suit them.

If necessary, for reasons always in the interest of the person rescued, they will contact mountain rescue officials, who will, from that moment on, take over the management of operations and use any appropriate means necessary, including helicopters. The costs resulting from the use of these exceptional means will be borne by the person rescued, who will also have to ensure their return trip from the point where they were evacuated to. The race participant is solely responsible for compiling and presenting a case to their personal insurance within the given deadline.

Finally, should you quit, it is very important for you to return your race number at a check point or the finish line, to avoid unnecessary searches. Should you fail to do so, you will be prohibited from taking part the following year.

Do not forget that all sorts of uncertainties, linked to the environment and the race, can result in you having to wait for help a little longer than expected (between 5 and 20 minutes under normal conditions). Therefore, your safety will depend on the quality of what you carry in your bag.

## **ARTICLE 14 - INSURANCE**

The organization is insured under civil liability as an 'organizer', in accordance with the current legislation. Participants must be covered by a personal civil liability insurance and by a personal accident insurance. We highly recommend purchasing a personal insurance policy.

The organizers deny all responsibility for accidents, for issues caused by poor health conditions and for any loss or theft of personal belongings. No claim may be brought against the organization by a participant for any reason. The general regulations in place are those of the Fédération Française d'Athlétisme.

## **ARTICLE 15 – IMAGE RIGHTS**

By participating in the Yéti Race, each competitor expressly grants the organization and any beneficiary, such as partners and media, the rights to fully or in part use or have used or reproduce or have reproduced, to use their name, photo, voice and sporting performance in the race of this event, to be used directly or as a derived form of the challenge, and on any medium, in the entire world, by all known or unknown means today and for the entire duration of the protection currently afforded to their direct or derived use in the provisions.

## **ARTICLE 16 - CNIL**

Alizeum informs Users that your personal data (your email, full name, complete based on data collected) collected on the registration form (complete based on the platform on which the data is collected) is processed electronically for informational and canvassing purposes or to send newsletters. Connection data may be processed for purely statistical purposes. Alizeum may also use Users' personal data to comply with any legal and/or regulatory requirements. The file is registered with France's Data Protection and Privacy Commission (CNIL).

The intended recipients of personal data are Alizeum customer service representatives.

Pursuant to France's Data Protection and Privacy Act No. 87-17, January 6, 1978, as amended in 2004, as a User you have a right to access and correct your personal data. You may also, if you have legitimate grounds, ask that your personal data not be processed. Requests to exercise your right to access or correct your personal data, or that it not be processed, must be made in writing, signed by you and contain an address to which a reply can be sent, along with proof of your identity. They should be addressed to: ALIZEUM – 25 rue de prony – 75017 PARIS.